

Dr. Felicia Berry-Mitchell, LLC

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INFORMED CONSENT FOR COUPLES THERAPY

The purpose of couple's therapy is for clarification, reconciliation, and healing and therefore is at cross-purposes, at times, with legal action that is adversarial by definition. In these cases, no information may be released for either party without written consent of both parties because, technically, the couple relationship itself *is* the client. This agreement makes any and all information from the therapy available to both parties of a legal dispute; therefore, I find it in the best interest of the therapeutic process for both parties to agree not to subpoena the therapist for either side in the event of a divorce or custody trial.

In addition, information received from either party via phone calls, voice mail, and/or written communication will not generally be kept secret because to keep such information secret would impede the therapeutic process and relationship.

I agree not to subpoena therapy records in the event of a legal proceeding.

Client's Signature: _____ Date: _____

Client's Signature: _____ Date: _____

Therapist Signature: _____ Felicia Berry-Mitchell, PhD, MAC _____ Date: _____

While I have taken training in the Gottman Method Couples Therapy, I want you to know that I, and PROPS am/are completely independent in providing you with clinical services and I alone am fully responsible for those services. The Gottman Institute or its agents have no responsibility for the services you receive."